## Minutes of the 2012-13 IHSA Student Advisory Committee Meeting

Sept. 30, 2012

The IHSA Student Advisory Committee met at the IHSA Office in Bloomington, Illinois, on Sunday, September 30, 2012 beginning at 10:00 a.m. Committee members present were: District 1 Kenny Dumez, Chicago (Northside College Prep); District 2 Andrew Williams, Chicago(Hales Franciscan); District 3 Kristen Kleist, Chicago (Mother McCauley); District 4 Valerie Fung, Skokie (Niles West); District 5 Trent Hanselmann, Carpentersville (Dundee-Crown); District 6 Tyler Yunk, Belvidere North; District 7 Katie Guth Hinsdale South; District 8 Jacob Platt, Tinley Park (Andrew); District 11 Abigail Taets, Orion; District 13 Sean Kelley, Champaign (St. Thomas More); District 15 Emily Farris, Flanagan-Cornell; District 16 Katie Karssen, Knoxville; District 17 Adelmo Marchiori IV, Carlinville; District 18 Lucas Joseph, East Peoria; District 19 Matthew McDonald, Dupo; District 20 Kristina Hodges, Flora; District 21 Jacob Baird, Murphysboro; and IHSA Assistant Executive Director Beth Sauser. Committee members from: District 9 Jaelen Hull, Kankakee (McNamara); District 10 Devin Hartman, Lanark (Eastland); District 12 Kayla Haines, Seneca H.S. and District 14 Neil Yockey, Shelbyville were not in attendance

## RECOMMENDATION FOR BOARD ACTION:

1. Recommendation: The committee recommends an annual retreat for the Student Advisory Committee to be held each summer.

Rationale: The goal of the annual retreat is to meet with each other outside of the IHSA office, and to start to build our team and a bond before the school year begins. The retreat will also serve as the first scheduled meeting for all new and returning committee members.
tabled
2. Recommendation: The committee recommends the SAC host another statewide Leadership Conference in September of 2013.

Rationale: Continue to offer member school students the opportunity to attend a statewide leadership conference conducted by the SAC.
approved

## COMMITTEE DISCUSSION AND ACTIONS:

1. Reviewed and discussed the responses from the questionnaire sent to all 2011 Leadership conference attendees
2. With 11 graduating seniors, we need to create a strong action plan for the next two school years.
3. Discussion on how to involve and work with student council members from all schools.

## SAC Small Group Notes

## 1. Future Leadership Conference Suggestions

## Group A:

HANDBOOK: Add more pictures...it draws the eyes... make people read more. Put in fewer words so they won't feel overwhelmed.
BRING BACK HARVEY ALSTON (if not already) to the Conference.

- Different Ice breaker before every class (kids will get to know each other better)
- Put more classmates together in each class
- Transition between Captains handbook and the conference material (perhaps a title page??)
- Break up the wordiness of the three workshop handouts. They look like essays
- Add pictures and more quotes, it's easier on the eyes.
- Tie examples into pictures (this picture shows "leadership" by...)
- Split paragraphs into smaller chunks
- Communication Workshop:
- Use bigger names for quotes. or at least say what they did
- Bold the definition for communication (example below)
- Communication (According to Mariam Webster): BLAH BLAH BLAH
- Decrease wordiness
- Bring back the poem... but have someone else read it
- Is there any way we could get projectors??
- BRING BACK THE CANDY! :D
- More group activities


## Group B:

CONFERENCE

- Videos
- Try to add personal experience
- Room layout - chairs in a circle or groups
- Pictures
- Cut down on paragraphs; main-point summary
- Don't need 6 situations for sportsmanship
- Fill in the blank if possible

Good

- Evaluations
- Leadership pages layout


## Group C:

Introductory video about the conference

- Expectation
- Why we have it
- Why the students are there
- What you can do with information provided
- Importance of leadership


## Group D:

- New Keynote speaker? If so who?
- Would it be better to have a new one or have him come again?
- Better Ice Breaker
- -Beach Ball (Beach ball with tons of questions written on it. The ball gets randomly thrown around the circle. The person must answer the question their left thumb is touching and then say their name.
- -Love your Neighbor. (Make a circle, Person in the middle says "I love my neighbor especially those. $\qquad$ e.g. wearing green. Then everyone wearing green (and person in the middle) get up and has to move to a different vacated seat in the circle. Last person standing is in the middle.
- -New "Sticky Situations"
- Situation 1. Player who won't stop arguing with referee. And coach who refuses to remove the player from the field.
- Situation 2. You are a multiple-sport athlete, and a teammate from your next sport (not the sport your currently in season with) is making bad decisions. Should you take the time from leading the people you are with now to help with your next season or do you concentrate in your current sport. How do you handle it?
- Situation 3 .
- -Leadership Conference School Champion. (Incentive for schools/students to actually apply)
- Either: 1. We could hand out a prize (some type of banner or cheap certificate) to the school we thought had the best kids at the conference (most interactive, took most away from it, really learned/ helped)
- Or 2. We ask every school/student to apply something they learned, write about it (literally just a few sentences explaining what happened) and return it to us within the next X amount of time. We tally the \# of examples returned, and the school with the most is named "Leadership conference Champ...or something along those lines. And we give them a banner or certificate to hang.
-New poem. http://www.scrapbook.com/poems/doc/24859/300.html


## Be The One

Submitted by: Lis Ann
Author: Unknown
Be the one to be strong
and turn heads around
Even from dark to light
You are the spark
You have the fire
You are the heart
Now be a believer
Don't get lost in the crowd
Is the poem too short?

- I really like the handbook. But that's because we made it, so it is made of all the things we wanted. The next group is the one that'll want to change it.


## Group E

Changes for book

- Change expectations of AC captain; add "Role Model"
- Treat others how you want to be treated.
- Less words more pictures.
- More scenarios for "sticky situations"
- Describe more characteristics of a good teammate (too cliché)
- Ex: self-reliable, open to criticism, etc.
- To join/establishing an athletic council (ACE)


## Group F:

- change scenarios
- make the information shorter and easier to read
- Spread the info throughout the book
- More information about being a good teammate
- Put the conferences on the state site
- We need an iPhone app
- Put manual on web site


## 2. IHSA and other State Association website notes:

Group A:

- Provide a section for coaches, captains, or parents and students? -Oregon
- Place for captains handbook
- Is there any way to tie in more team results than just the state series?
- ISHSAA uses quikstats, but maybe not as "intense"
- http://www.ighsau.org/stats.htm
- Student Advisory Committee
- Make it easier to find (Look above)
- Self-written student bios!!
- More information as to who we are
- More advertisement
- Links for handbook and conference and our relationship to it
- Stay in contact better
- Meet more often; do more SAC team building


## Group B:

- INDIANA SAC
- Tip of the Week
- Meet 4 times annually
- SAC page was easy to find
- KENTUCKY SAC
- Entire page on leadership conference
- OUR SAC
- Have tip of the week on homepage w/ link to our page
- Mission statement
- Write our own bios
- Page for leadership conference w/ pictures of last conference(s)


## Group D:

- Louisiana
- Highlights of the week in athletics
- Place to upload pictures
- North Dakota
- Weather radar
- Our Page
- Submit online application
- Link to our page on main page
- Cool Recruiting Video


## Group F:

- http://www.uhsaa.org/new/
- new pictures
- Personal bios
- What we do
- Theme song


## 3. Video ideas:

- Promotional Videos
- Cameron's rap:
- The dinner and tuxedo idea (have a fight inside then Luc outside in a tux explaining why the SAC helps fix the issue)
- What is SAC
- Recruitment
- Parent Video: Normal looking parents, rip off their shirts and have wrestle mania clothing on underneath... pan out and a kid is standing there "that's my dad..." then give how the SAC works to prevent such situations
- Coaches' Video:
- Students' Video:
- Back to videos!
- Open up to other schools in competition with us
- Offer to show during half-time
- Post on website... put on tv?
- Funnel through administration and Student Council
- Have schools get a small group of people to make a video
- SAC SLEEPOVER!! Or I guess next meeting...


## 4. Homework:

- Sportsmanship videos
- 1 and 2 - student-athlete video
- Incorporate the Leadership conference!
- 3 and 4 - coaches video
- 5 and 6 -parent video
- Have crowd video... show two people walking away... get in fight...
- Everyone: write a few lines for rap
- Basic run for videos
- Have people bring props and get a date!!
- Opening it up to the state:
- What does sportsmanship mean to you?
- Direct it towards student council...
- Or make videos... send them to admin... have them spread them out

6. Reviewed the Student Advisory Committee Mission Statement:

The Student Advisory Committee is a group of students who participate in diverse interscholastic athletics and activities. The SAC promotes the sportsmanship and integrity ideals of the Illinois High School Association. We focus on providing leadership and communication between participants, administrators and fans of IHSA activities.

The IHSA SAC is made up of 21 students from high schools all around Illinois.
The Student Advisory Committee is creating student leaders for tomorrow, today.
7. Future meeting dates
a. TBA January or February
b. Sunday, April 14, 2013 at the IHSA office

